



The Landing  
**PLACE**  
Transitional Living Program

### **Program Overview**

The Landing Place is the youth program of the Knox County Homeless Coalition. In order to meet the needs of youth transitioning into adulthood, The Landing Place has developed a supportive housing program located in Rockland, ME. The Transitional Living Program (TLP) offers apartments and case management services to young adults who are experiencing, or are at risk of becoming, homeless. While in the program, youth engage in education and/or employment, work with a case manager, and learn skills to help them create their own, sustainable living situations.

### **Youth Eligibility Criteria:**

- Aged 18-21 or emancipated minor
- Homeless (couchsurfing, unsuitable habitation, staying with friends or extended family, etc.) or at risk of becoming homeless
- Willingness to participate in the program (working with a case manager, following program rules)
- Physically able to access apartments located on a second floor

Youth who may be a danger to themselves or others, who are unable to maintain this level of independent living, or who are in DHHS custody or the V-9 program are not eligible for the TLP.

### **Frequently Asked Questions**

#### **What are the apartments like?**

Each apartment has been recently renovated and comes with a twin bed, a private bathroom, and a kitchenette. Each resident is expected to maintain their apartment, just as they would an apartment outside of the program. Each resident has their own key. The apartments are located inside of code-protected gates to ensure that only residents and staff have access.

#### **Is there rent?**

Yes. Residents pay 30% of their monthly income in rent. When rent is collected, half of it is saved for residents to take with them when they leave the program to help with moving and start-up costs.

#### **What does it mean by 'supportive'?**

Trauma-informed staff are available to help residents with the tasks and skills of daily living. Staff also make the on-site laundry and kitchen available to residents when possible. In addition, there is a 24-hour on-call phone line for emergencies, facilities needs, and mental health support.

#### **What is case management?**

Each resident will have a case manager who they meet with regularly. Together, they will set goals and create plans to achieve those goals by finding necessary resources and identifying next steps. Case managers help with topics including education, employment, housing, transportation, and more!

#### **What is required of residents?**

Residents are expected to be in school or working. Rent must be paid on time. Residents must meet regularly with their case managers and check in periodically with the Shelter Coordinator. Residents are expected to be working towards independence, pursuing healthy living, and maintaining respectful relationships with other residents and staff.

**For more information, please contact The Landing Place at (207)466-9285 or [shelter@thelandingplaceme.org](mailto:shelter@thelandingplaceme.org).**